COUPLES HOUSEHOLD CHORES PLANNER

Can't We Just Get Along Counselling Inc.

Helping Couples & Adults Find Happiness

DATE:

GOAL:

WHY?

STEPS TO TAKE

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NOTES

TO DO LIST
WHO WILL DO WHAT

MONTH _____ DATE _____

TO DO

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PRIORITIES

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NOTES

REMINDER

WEEKLY REFLECTIONS

WEEK: MONTH: YEAR:

THINGS THAT WORKED WITH OUR PLAN, AND WHAT DID NOT WORK

WEEKLY APPRECIATION

GOALS FOR NEXT WEEK

ACCOMPLISHED GOALS

HAVE I FULFILLED MOST OF MY HABITS?

NO MORE OR LESS YES

HOW HAVE I FELT THIS WEEK?

GOOD NOT GOOD

TO START OK DELAY STUCK CANCEL